



Maria José Lourenço

Consultant

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PROFILE

At **SÉRVULO** since 2018, Maria José Lourenço is a consultant of the firm's Litigation and Arbitration department, having also developed practice in Restructuring and Insolvency. She is graduated in Law by the School of Law of the Lusíada University (1996), and she started her professional career at the law firm «M. Rodrigues e Associados, RL», between 1999 and 2006, in Public Law. Between 2006 and 2008, she was a lawyer at the «Almeida Sampaio e Associados, RL» law firm, in Intellectual Property and Corporate Law. She was also a lawyer at the "Cuatrecasas, Gonçalves Pereira, RL" law firm between 2008 and 2018 at the Litigation and Arbitration department. She joined the Bar Association in 1999.

RELEVANT EXPERIENCE

Providing legal advice in judicial and extrajudicial resolution of disputes in cases of civil and commercial litigation, namely contractual and extracontractual liability, and in restructuring and Insolvency.

Providing legal assistance on insolvency proceedings and revitalization of companies, both in the judicial phase and in the negotiation phase, as well as in financing and debt restructuring operations, in the context of M&A distressed operations, both representing the debtor or creditors of companies in restructuring.

Litigation in the areas of banking and financial law, including liquidation procedures for financial institutions.



EXPERTISE

- Arbitration
- Arts
- ESG (Environment, Social and Governance)
- Litigation
- Portugal 20-30
- Restructuring and Insolvency

MOST RECENT RECOGNITIONS

Best Lawyers 2025

Litigation - TIER Recommended

Best Lawyers 2024

Litigation - TIER Recommended

Best Lawyers 2023

Litigation - TIER Recommended

Legal 500 2025

Dispute Resolution - TIER Other Key Lawyers

Maria José Lourenço is recommended.

Insolvency & Restructuring - TIER Other Key Lawyers

Legal 500 2024

Dispute Resolution - TIER Other key lawyers

Maria José Lourenço stands out for the detail and quality of the solutions presented.

Insolvency & Restructuring - TIER Other key lawyers

Legal 500 2023

Dispute Resolution - TIER Other Key Lawyers

Insolvency & Restructuring - TIER Other Key Lawyers



Maria José Lourenço is recommended for her experience and technical quality and degree of knowledge of the client.

Chambers Europe 2025

Restructuring/Insolvency - TIER 4

Maria José Lourenço specialises in pre-insolvency and insolvency matters. She further assists clients with recovery proceedings.

BOOKS AND ACADEMIC ARTICLES

2024

Insolvency Guide 2024: Portugal

2024 | in Chambers & Partners

2023

Chambers Insolvency Guide 2023

2023 | in Chambers Global Practice Guides

2021

Chambers Insolvency Guide 2021

2021

The Banking Litigation Law Review: Portugal

2021 | in The Law Reviews

2020

The Banking Litigation Law Review

2020 | in The Banking Litigation Law Review, The Law Reviews